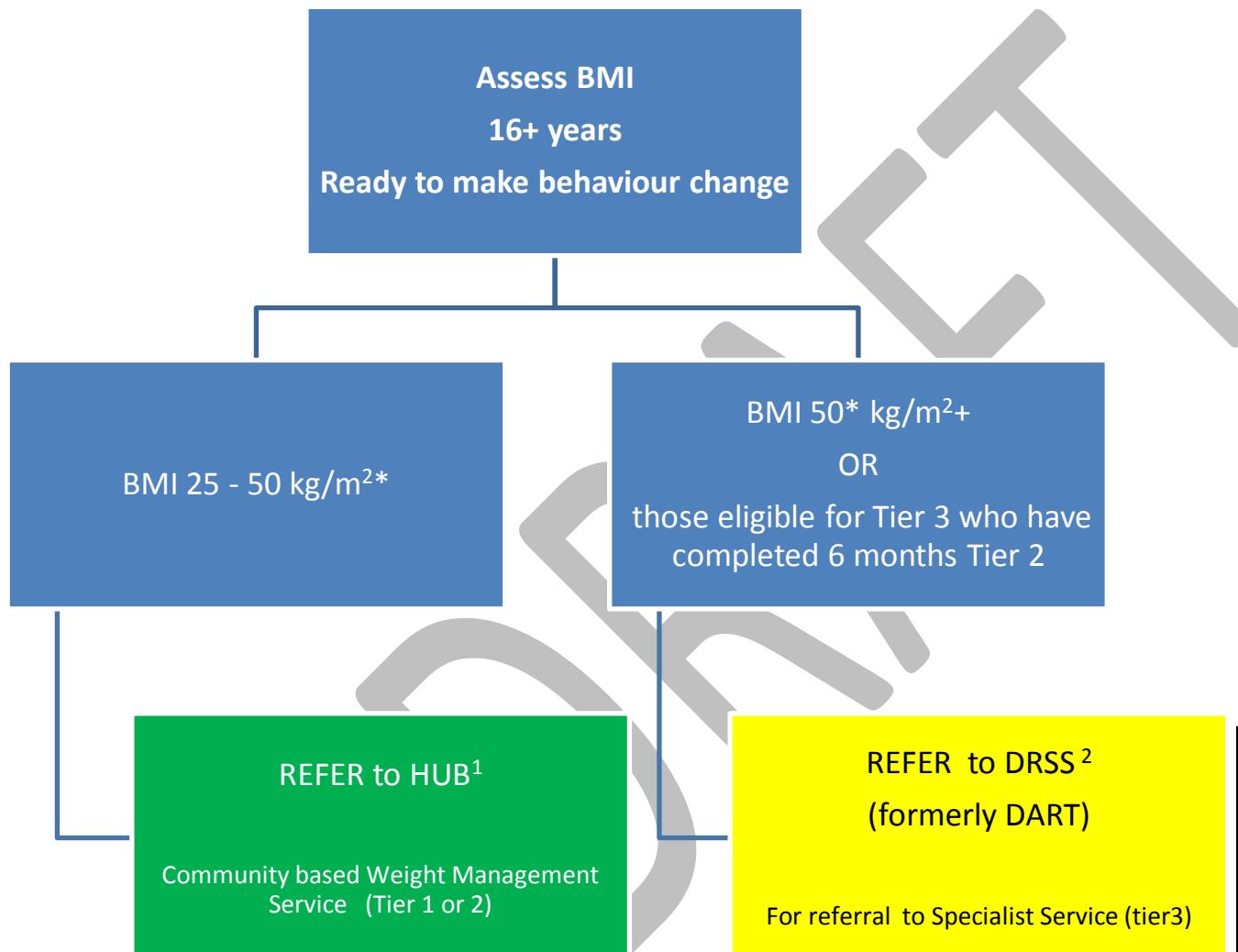


Appendix 1: PATHWAY FOR REFERRING HEALTH PROFESSIONALS (South Devon)



Co-morbidities defined as:

- Type 2 diabetes or previous gestational Diabetes
- Uncontrolled hypertension
- Patients whose Hyperlipidaemia is uncorrected by maximum tolerated doses of Statins.
- Sleep apnoea
- Severe Osteoarthritis eg: requiring listing for joint replacement or in severe pain uncontrollable with analgesics.
- (Patients with intracranial hypertension will require approval from Exceptional Treatments Panel)

Tier 2 in South Devon and Torbay CCG defined as:

- ✓ Completed community based weight management programme
- ✓ Sustained attendance at commercial weight loss programme (eg weightwatchers, slimming world)
- ✓ One to one support with dietitian or Practice Nurse

¹ Essential data set for referral to the Hub detailed in appendix 2

² Using usual Choose and Book process for referral to obesity management

*For Patients who are South Asian, Chinese, Black African or Caribbean, lower BMI thresholds should be applied. For all BMI thresholds use 2.5 kg/m² less. Eg: BMI 35 equivalent to 32.5.