## **Commitments and Pledges from Workshop 2**

Viable healthier vending x2

Implement the Supplementary Planning document on Healthy Weight Environments x2

Work with the retail sector to readdress the imbalance of the marketing of food and drinks high in fat, salt and sugar

> Develop momentum to work together for a healthier Axminster

Expand and sign up to Sugar SMART x2

Sign up to the Healthy Weight Declaration alongside Devon County Council x2 (across the STP) Leisure centre to review target market, especially the inactive. Consider the social aspect not just physical activity x2

Re-establish the Health Exchange and update its representation (Teignbridge) Hold an event in North
Devon to explore Whole
Systems approach x2. Premeet planned for 19<sup>th</sup>
December

Speak to the Children and Families Partnership

Replicate the Healthy Mums Healthy Tums project from RD+E in Torbay

Explore opportunities for GP surgeries in Kingsbridge to provide Lifestyle support to patients AND/OR encourage connections to OneSmallStep, Social Prescribing, National Diabetes Prevention Programme and MECC training

Promote, incentivise and utilise local suppliers and businesses trying to offer good choices

Replicate the Plymouth model for model vendors

Utilise the Safer Food Better Business Packs to include public health messages that would help to improve the formulation of food products

Small changes make a big difference. Deliver Making Every Contact Count training to the workforce Use Social Media to share successful initiatives and for networking

Commented [RM1]: