

Devon: Healthy Weight

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Impact on Children of Devon

- 1 in 4/5 children starting school overweight or obese
- 1 in 3 leaving primary schools in Devon as overweight or obese
- Almost 1 in 5 5 year olds living with signs of tooth decay

Impacts on:

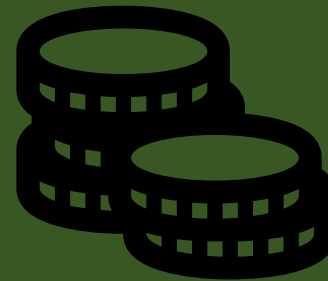
- Bullying and emotional wellbeing
- Ability and enjoyment of PE
- Increased risk of health harms later in life

Impact on Adults

- 2 in 3 adults overweight or obese
- In 2017 34% of sickness absence related to associated conditions
- Impact on:
 - Ability to work
 - Workplace adaptations
 - Quality of sleep
 - Increased risk of CHD/Stroke/Cancers

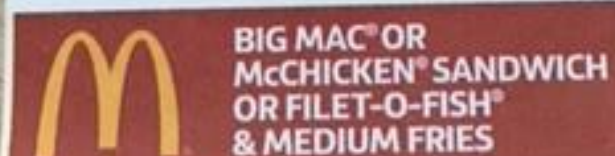
Impact on Economy

- Completion of Food and Culinary courses in the SW are declining between 2014-2017
- 65% of people living in Devon with a Long Term Condition are in employment
- **£276 million** lost to the local economy in Devon due to sickness absence (2017)



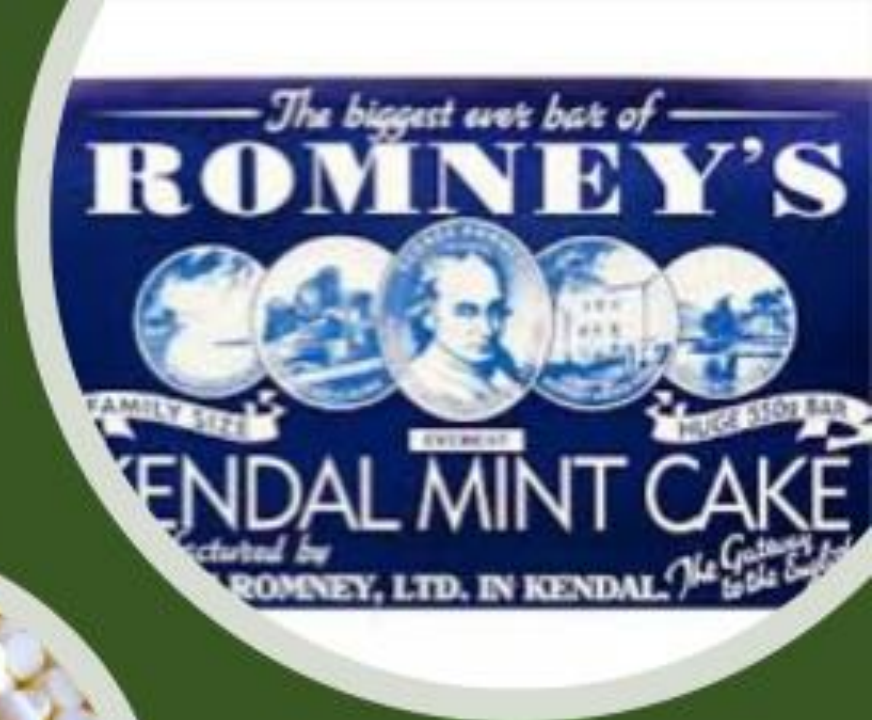


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Our environment

Leisure and Food





Increasing costs



What's
possible?