## **Health and Wellbeing Outcomes Report**

## Report of the Chief Executive

**Recommendation:** It is recommended that the Devon Health and Wellbeing Board note the updated Health and Wellbeing Outcomes Report.

#### 1. Context

This paper introduces the current detailed outcomes report for the Devon Health and Wellbeing Board, which monitors the priorities identified in the Joint Health and Wellbeing Strategy for Devon 2013-2016.

## 2. The Health and Wellbeing Outcomes Report

- 2.1 An 'updates only' version of the Health and Wellbeing Outcomes Report for June 2015 is included separately. The report is themed around the four Joint Health and Wellbeing Strategy 2013-16 priorities, and includes breakdowns by local authority, district, clinical commissioning group, inequalities characteristics and trends over time.
- 2.2 The Dementia diagnosis rate is the only updated indicator since the last report. In March 2015, 7,838 people in Devon were on a GP register for dementia, compared with an expected prevalence of 13,864, a diagnosis rate of 56.5%. Rates in Devon are below the South West (58.3%) and England (60.8%) and mirror the local authority comparator group rate (56.5%). Diagnosis rates have improved in recent years, increasing from 28.0% in 2006-07 and 44.9% in March 2014, and the gap has narrowed significantly.

Table 1: Indicator List and Performance Summary, June 2015

| Priority                                 | RAG | Indicator                                      | Type    | Trend                                    | Dev/SW/Eng |
|--|-----|--|---------|--|------------|
| A Focus     On Children     and Families | Α   | Children in Poverty                            | Chall   | ~~~                                      |            |
|  | G   | Early Years Foundation Score                   | Chall   |  |            |
|  | G   | Smoking at Time of Delivery                    | Watch   | }  |            |
|  | Α   | Teenage Conception Rate                        | Watch   | <b>{</b>                                 |            |
|  | •   | Child/Adolescent Mental Health Access Measure  | Improve | -  | -          |
|  | R   | Hospital Admissions for Self-Harm, Aged 10-24  | Improve | $\left\langle \right\rangle$             |            |
|  | G   | Proportion of Physically Active Adults         | Chall   |  |            |
| 2. Healthy<br>Lifestyle                  | Α   | Excess Weight in Four / Five Year Olds         | Chall   | <b>\</b>                                 |            |
|  | Α   | Excess Weight in 10 / 11 Year Olds             | Chall   | $\left. \left\{ \right. \right. \right.$ |            |
|  | Α   | Alcohol-Related Admissions                     | Watch   | \<br>\                                   |            |
| Choices                                  | G   | Adult Smoking Prevalence                       | Watch   | $\langle$                                |            |
|  | G   | Under 75 Mortality Rate - All Cancers          | Improve |  |            |
|  | G   | Under 75 Mortality Rate - Circulatory Diseases | Improve |  |            |
|  | Α   | Incidence of Clostridium Difficile             | Chall   | $\langle$                                |            |
| 3. Good                                  | G   | Injuries Due to Falls                          | Chall   | $\rangle$                                |            |
| Health and                               | Α   | Dementia Diagnosis Rate *                      | Chall   |  |            |
| Wellbeing in                             | G   | Feel Supported to Manage Own Condition         | Watch   |  |            |
| Older Age                                | G   | Re-ablement Services (Effectiveness)           | Watch   |  |            |
| Older Age                                | Α   | Re-ablement Services (Coverage)                | Watch   | _  |            |
|  | Α   | Readmissions to Hospital Within 30 Days        | Improve |  |            |
|  | Α   | Suicide Rate                                   | Chall   | 1  |            |
|  | G   | Male Life Expectancy Gap                       | Chall   | $\sim$                                   |            |
| 4. Strong and                            | G   | Female Life Expectancy Gap                     | Chall   | $\left. \right\rangle$                   |            |
| Supportive                               | G   | Self-Reported Wellbeing (low happiness score)  | Watch   | /  |            |
| Communities                              | G   | Social Contentedness                           | Watch   | $\rangle$                                |            |
|  | G   | Carer Reported Quality of Life                 | Watch   | -  |            |
|  | Α   | Stable/Appropriate Accommodation (Learn. Dis.) | Improve |  |            |
|  | G   | Stable/Appropriate Accommodation (Mental Hlth) | Improve |  |            |

# **RAG Ratings**

| Red   | R | Major cause for concern in Devon, benchmarking poor / off-target           |  |  |
|-------|---|--|--|--|
| Amber | Α | Possible cause for concern in Devon, benchmarking average / target at risk |  |  |
| Green | G | No major cause for concern in Devon, benchmarking good / on-target         |  |  |

Table 2: Priority Area Summaries, June 2015

| Priority   | Summary   |
|--|---|
| 1. A Focus<br>on Children<br>and Families          | Child poverty levels fell between 2011 and 2012. Recorded levels of child development are above the South West and England averages. Rates of smoking at delivery are falling over time. Teenage conception rates have fallen over time, particularly in more deprived areas. Self-harm admissions in younger people are above the national average.  |
| 2. Healthy<br>Lifestyle<br>Choices                 | Higher levels of physical activity are seen in Devon. Levels of excess weight in children are above average at age 4/5 and below average at age 10/11. The alcohol-related admissions (narrow definition) rate is similar to England. Adult smoking rates are below the national average. Mortality rates are falling.  |
| 3. Good<br>Health and<br>Wellbeing in<br>Older Age | Clostridium Difficile incidence aligns with South West and national rates. The gap between Devon and the South West and England for the detection of dementia has narrowed significantly. Devon has relatively low levels of injuries due to falls. A higher proportion feel supported to manage their long-term condition in Devon. Reablement service effectiveness is above average, but recorded coverage is low. Readmission rates are below average but are increasing over time.   |
| 4. Strong and Supportive Communities               | Suicide rates in Devon are consistently above the national average. There is a smaller gap in life expectancy between the most and least deprived communities in Devon than nationally. Self-reported wellbeing in Devon tends to be better than the national average. The proportion stating that they have as much social contact as they would like is above the national average. Quality of life for carers is in line with the national average. Devon had similar levels of people with learning disabilities in stable and appropriate accommodation than the national average, but lower rates for people with mental health issues. |

Table 3: Devon compared with the Local Authority Comparator Group for all Health and Wellbeing outcome measures, June 2015

|  | Rates  |        |         | Significance |         | Rank / Position in LACG |      |       |
|--|--------|--------|---------|--------------|---------|-------------------------|------|-------|
| Measure  | Devon  | LACG   | England | LACG         | England | Rank                    | Best | Worst |
| Physical Activity (%)                                | 60.9%  | 57.9%  | 55.6%   | Better       | Better  | 1 / 16                  |      |       |
| Life Expectancy Gap in Years (Male)                  | 5.2    | 7.2    | 8.4     | Better       | Better  | 1 / 16                  |      |       |
| Feel Supported to Manage Own Condition (%)           | 68.8%  | 64.4%  | 63.7%   | Better       | Better  | 1 / 16                  |      |       |
| 30 Days Readmissions (%)                             | 10.3%  | 11.0%  | 11.8%   | Better       | Better  | 1 / 16                  |      |       |
| Early Years Good Development (%)                     | 67.0%  | 60.0%  | 58.0%   | Better       | Better  | 1 / 16                  |      |       |
| Admission Rate for Accidental Falls                  | 1672.8 | 1809.9 | 2011.0  | Better       | Better  | 2 / 16                  |      |       |
| Life Expectancy Gap in Years (Female)                | 3.3    | 5.4    | 6.2     | Better       | Better  | 2 / 16                  |      |       |
| Social Connectedness                                 | 47.5%  | 45.2%  | 44.2%   | Better       | Better  | 3 / 16                  |      |       |
| Reablement - Still at Home after 91 days (%)         | 89.8%  | 82.6%  | 81.9%   | Better       | Better  | 3 / 16                  |      |       |
| Cancer Deaths, under 75                              | 130.9  | 134.3  | 144.4   | Similar      | Better  | 5 / 16                  |      |       |
| Stable/appropriate accommodation - mental health (%) | 54.5%  | 45.2%  | 60.9%   | Better       | Worse   | 5 / 16                  |      |       |
| Circulatory Disease Deaths, under 75                 | 63.8   | 66.7   | 78.2    | Similar      | Better  | 6 / 16                  |      |       |
| Carer Quality of Life Score                          | 8.173  | 8.043  | 8.068   |              |         | 6 / 16                  |      |       |
| Smoking at Time of Delivery (%)                      | 12.2%  | 12.3%  | 12.0%   | Similar      | Similar | 6 / 15                  |      |       |
| Adult Smoking Rate (%)                               | 16.4%  | 16.7%  | 18.4%   | Similar      | Better  | 7 / 16                  |      |       |
| Child Poverty (%)                                    | 12.7%  | 13.9%  | 19.2%   | Better       | Better  | 7 / 16                  |      |       |
| Excess Weight in Year Six (%)                        | 30.3%  | 30.8%  | 33.5%   | Similar      | Better  | 7 / 16                  |      |       |
| Stable/appropriate accommodation - learning (%)      | 74.0%  | 72.1%  | 74.8%   | Better       | Similar | 8 / 16                  |      |       |
| Low Happiness Score (%)                              | 8.5%   | 8.6%   | 9.7%    | Similar      | Similar | 9 / 16                  |      |       |
| Dementia Diagnosis Rate (%)                          | 56.5%  | 56.5%  | 60.8%   | Similar      | Worse   | 9 / 16                  |      |       |
| Teen Conception Rate per 1,000                       | 21.9   | 21.1   | 24.3    | Similar      | Similar | 9 / 16                  |      |       |
| Clostridium Difficile Rate                           | 26.4   | 25.0   | 25.1    | Similar      | Similar | 9 / 16                  |      |       |
| Excess Weight in Reception Year (%)                  | 23.4%  | 22.3%  | 22.5%   | Worse        | Similar | 10 / 16                 |      |       |
| Hospital Admission Rate for Self-Harm                | 419.5  | 388.8  | 346.3   | Similar      | Worse   | 11 / 16                 |      |       |
| Alcohol Admission Rate (Narrow Definition)           | 639.7  | 597.2  | 636.1   | Worse        | Similar | 13 / 16                 |      |       |
| Suicide Rate   | 10.4   | 9.5    | 8.8     | Similar      | Worse   | 13 / 16                 |      |       |
| Reablement - Coverage Rate (%)                       | 2.0%   | 3.4%   | 3.3%    | Worse        | Worse   | 15 / 16                 |      |       |

# 3. Child Sexual Exploitation

3.1 This section will contain a summary of emerging themes from the Devon Child Sexual Exploitation scorecard. The scorecard is being developed by the Child Sexual Exploitation sub-group of the Devon Safeguarding Children Board, with input from Devon and Cornwall Police, Devon County Council, Devon Partnership Trust and others. The report is still in development and is not yet ready for circulation.

## 4. Legal Considerations

There are no specific legal considerations identified at this stage.

#### 5. Risk Management Considerations

Not applicable.

## 6. Options/Alternatives

Not applicable.

## 7. Public Health Impact

The Devon Health and Wellbeing Outcomes Report is an important element of the work of the board, drawing together priorities from the Joint Health and Wellbeing Strategy, and evidence from the Joint Strategic Needs Assessment. This report and the related documents have a strong emphasis on public health and other relevant health, social care and wellbeing outcomes. A number of the outcomes indicators are also drawn from the Public Health Outcomes Framework. The report also includes a specific focus on health inequalities.

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Background Papers Nil